



Las Lomas High School



Parent Information Night
Grade 9



The Administration

Sara Harris- Principal

Karen Begg- Associate Principal (A-E)

Josh Frishman- Associate Principal (F-M)

Emily Woodall- Associate Principal (N-Z)



WCEF
PTSA
PAF



Welcome to Freshman Year

- Engage fully
- Connect with staff and students
- Make time for wellness

Key Resources on Campus:

- Wellness Center
- College and Career Center
- Academy (10:10-11:05 on Wednesday and Friday)
- Counselors
- Teachers
- Administration

Counseling

(A-Den) Michael Constantin



(Der-Jar) Maria Sabeh



(Je-M) Kara Bloodgood



(N-Sch) Sara Feinberg



(Se-Z) Andrea Medrano



Crash Course: Freshman Year

- Build on good study habits - organization strategies
- Use Academy wisely!
- Deepen your involvement on and/or off campus
- Individual counseling meetings (dates)
- Remember we are here to support



| Graduation Requirements | Credits | UC/CSU Eligibility Requirements | Years |
|---|---------|--|----------|
| History/Social Science (World History, US History & US Gov/Econ) | 30 | A) History (World History, US History / US Gov) | 2 years |
| English | 40 | B) English | 4 years |
| Mathematics (10 cr Algebra 1 + 10 cr beyond Alg 1 + 10 more) | 30 | C) Mathematics (Min. through Algebra 2, including Geometry) | 3 years |
| Science (Living Earth & Chemistry of the Earth) | 20 | D) Science (Biological Science & Physical Science) | 2 years* |
| World Language or Career Tech Ed | 20 | E) World Language | 2 years |
| Visual or Performing Art | 10 | F) VPA (Visual or Performing Art) | 1 year |
| Electives | 65 | G) College-Prep Elective | 1 year |
| Human & Social Development (HSD) | 5 | | |
| Physical Education (PE) (PE 9 + 10 cr PE class/Athletic PE) | 20 | | |



LAS LOMAS HIGH SCHOOL SAMPLE PLAN

Graduation requirements are met by earning a “D” grade or higher.

College requirements are met by earning a “C” grade or higher.

** Some colleges require more than 2 years of science.*

| Grade 9 | Grade 10 | Grade 11 | Grade 12 |
|---------------------------|------------------------|--------------------------------------|----------------------------|
| English 1 | English 2 | English 3 | English 4 Film/Media |
| World History & Geography | HSD/Yoga/>Athletic PE | US History | US Gov/Economics |
| Math (Algebra 1) | Math (Geometry) | Math (Algebra 2 Advanced) | > (Advanced Math Elective) |
| Living Earth | Chemistry of the Earth | >AP Environmental Science | >AP Biology |
| PE 9 | >Auto | > Advanced Auto | >Leadership |
| > Spanish 2 | > (Spanish 3) | > (Spanish 4 Honors) | >AP Spanish 5 ? |
| >Digital Design | > Journalism | >Off Campus | >Off Campus |
| Total: 60-70 credits | Total: 60-70 credits | Total: 60-70 credits | Total: 60-70 credits |
| | | Graduation Requirement = 240 credits | |

9th Gr. Registration

12th Gr. Registration

Required courses are preloaded into the plan. The “>” indicates electives. Each February students work with counselors to select appropriate courses for the following year. Requested electives cannot be guaranteed. Alternate electives:

Important Links

- [Aeries](#)
- [Canvas](#)
- [Clubs](#)
- [Sports/Athletics](#)
- [Wellness](#)
- [Course Catalog](#)
- [Naviance](#)
- [Counseling](#)
- [Tech Support](#)



College and Career Center- Elizabeth King

My philosophy: Because no two students are the same, we can best support our students by meeting them where they are & appreciating their differences.

There are many acceptable paths post-graduation. How YOU can be an invaluable resource to your student: support your student in figuring out which path is right for them AT THIS TIME. Remember: this is only the first step—there will be plenty of opportunities to change course and choose a different path later.

The CCC is open from 7:30-4:00 M-F

Reach me at:

eking@auhsdschools.org

925-280-3925



Some of the Many Post-Graduate Paths:

- Community college
 - Earn an AA degree
 - Prepare to transfer to a 4-yr school; TAG (Transfer Admission Guarantee to 6 UCs)
 - Earn a job training certificate
 - Learn a trade
- Four-year college (B.A.)
- Gap year
- Military: 5 branches
 - Military education
 - Enlisting to serve
- Trade school or apprenticeship
- Direct employment

The CCC will support students with ANY of these paths.

If Your Student Wants to Attend College:

- ❑ There are 5300 public and private colleges and universities in the US and over 100 community colleges in CA alone. MOST of these colleges are not highly selective.
- ❑ Rankings DO NOT equate with quality of education. Being open-minded will open doors and increase the likelihood of finding a college that is a good fit.
- ❑ “HOW” one goes to college is much more important than “WHERE” one goes to college.
- ❑ Start thinking about the cost of college now and what your family is willing or able to pay. There are vast differences in education costs.
- ❑ Explore colleges now:
 - ❑ Plenty of local examples will give a “feel” of size, urban/rural, etc.
 - ❑ Ask questions of friends, family, acquaintances.
 - ❑ Use virtual tours (e.g., youvisits.com)

CCC Opportunities

- College rep. visits for Jrs & Srs
- Academy workshops
 - Career planning
 - College applications & essays
 - Support for 1G & EL students
- Financial aid nights for parents
- Lunch presentations & Help
 - Trades
 - Military careers & education
 - Application assistance
- NEW THIS YEAR: early DVC application workshops
- 1-1 meetings with students and/or parents
- Communications: Regular emails to students (through canvas) & parents (through Knight News)
- 1:1 meetings for Seniors
- Info on summer programs, internships, gap year programs, and more
- Job listings
- Community service opportunities
- Scholarships
- Job readiness
 - Interview training
 - Resume building

HOW TO STAY IN THE KNOW



1. Visit/Contact the CCC
2. Knights News
3. Check LLHS Student E-Mail/Canvas Communication
4. Website: College 101
5. Instagram: @laslomasccc

